



BREAKFAST MENU

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Lido Mega Breakfast- <i>eggs of your choice: poached, fried or scrambled, crispy bacon, sausage, tomato, mushrooms, potato scone, haggis, black pudding, beans, toast</i>	£5.95
Full Scottish Breakfast - <i>eggs of your choice: poached, fried or scrambled, crispy bacon, sausage, tomato, mushrooms, potato scone, haggis, black pudding, toast</i>	£5.25
Vegetarian Breakfast <i>eggs of your choice: poached, fried or scrambled mushrooms, tomato, potato scone, beans, pancake, toast</i>	£3.95
Light Breakfast <i>eggs of your choice: poached, fried or scrambled bacon, sausage, tomato, toast</i>	£3.50
Morning Roll <i>with one or two breakfast item(s)</i>	£1.95/ £2.65
French Toast & Bacon <i>with maple syrup</i>	£2.95
Pancakes & Bacon <i>with maple Syrup</i>	£2.95
Warm Poached Haddock <i>with spinach, poached egg a pancake & hollandaise sauce</i>	£5.95
Scrambled Eggs & Smoked Salmon <i>with pancakes</i>	£4.95
Porridge Oats <i>with cream & heather honey</i>	£1.95
Toast Butter & Jam	£1.45

PASTRIES

Please refer to our patisserie counter or ask your server for our daily selection of freshly prepared pastries. Add a pot of whipped cream for 50p.

Scone with butter & jam – plain or fruit	£1.10
Croissant with butter & jam	£1.45
Chocolate Croissant	£1.75
Caramel Shortcake	£1.25

COFFEES

All our coffees are available with either full fat, semi-skimmed or soya milk. There are also the options of having a strong coffee with an extra shot or caffeine-free.

	small/ large
Black Coffee	£1.95/ £2.20
Espresso	£1.80/ -----
Espresso Con Panna	£2.00/ £2.25
Double Espresso	£2.20/ -----
Macchiato	£2.00/ -----
Americano	£1.90/ £2.15
White Coffee	£2.00/ £2.25
Brown Coffee	£2.00/ £2.25
Cappuccino	£2.20/ £2.35
Mocha	£2.35/ -----
Latte	£2.20/ -----
Flavoured Latte	
Caramel/ Hazelnut/ Vanilla	£2.35/ -----

HOT CHOCOLATE

Hot Chocolate	£2.45
Luxury Hot Chocolate with fresh cream & marshmallows	£2.70

TEAS

Suki Tea® - providing quality, loose-leaf, speciality teas from around the world.

Fairtrade Breakfast Tea	£2.35
Fairtrade Green Tea Sencha	£2.35
Peppermint	£2.35
Red Berry	£2.35
Green Rooibos Citrus	£2.35
Camomile	£2.35
Rooibos	£2.35
Apple Loves Mint	£2.35
Blended Tea	£2.15
Earl Grey tea	£2.30
Green Tea	£2.40

SMOOTHIES

	small/ large
Brazilian Breeze – <i>acai berry, Mango & Banana</i>	£2.95/ £3.65
Very Cherry – <i>goji berry, cherry, mango & yoghurt</i>	£2.95/ £3.65
Strawberry Starburst – <i>melon, strawberry & Mango</i>	£2.95/ £3.65
Banana Breakfast – <i>banana, muesli, strawberry & yoghurt</i>	£2.95/ £3.65
Tropical Taste – <i>kiwi, mango, pineapple & yoghurt</i>	£2.95/ £3.65
Adam's Apple – <i>apple, raspberry & mango</i>	£2.95/ £3.65
Banana Mamma – <i>pineapple, banana & coconut</i>	£2.95/ £3.65

JUICES

	small/ large
Fruit Rush - <i>pineapple, apples, oranges & pears</i>	£2.95/ £3.65
Super Juice - <i>carrots, apples, beetroot & red pepper</i>	£2.95/ £3.65
Detox - <i>carrots, beetroot, & celery</i>	£2.95/ £3.65
Root & Fruit - <i>oranges & carrots</i>	£2.95/ £3.65
Singapore Girl - <i>pineapple & oranges</i>	£2.95/ £3.65
Energy Surge - <i>raspberries, blueberries & oranges</i>	£2.95/ £3.65
Workout Wonder - <i>apples, cucumber & celery</i>	£2.95/ £3.65
Cockney Sparrow - <i>apples & pears</i>	£2.95/ £3.65
The Big 3 - <i>carrots, apples & ginger</i>	£2.95/ £3.65

BOOSTER BLENDS

Why not add one of our juice & smoothie supplements?

Antioxidant Blend	£0.50
Energy Blend	£0.50
Fat Stripper Blend	£0.50
Multivitamin Blend	£0.50
Vitamin C Blend	£0.50